



Café Metro Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>SOUPS</u> Beef & Bell Pepper Cream of Spinach Chili	<u>SOUPS</u> Beef & Mushroom California Medley Chili	<u>SOUPS</u> Chicken Enchilada Lentil Soup Chili	<u>SOUPS</u> Cabbage Vegetarian Cabbage Chili	<u>SOUPS</u> Chicken Gumbo French Onion Chili	<u>SOUPS</u> Seven Bean	<u>SOUPS</u> Tomato Bisque
<u>ENTRÉES</u> ♥ Cheese Stuffed Shells	<u>ENTRÉES</u> ♥ Beef Pot Roast	<u>ENTRÉES</u> ♥ Grilled Italian Chicken	<u>ENTRÉES</u> ♥ Healthy Choice Chicken ala King	<u>ENTRÉES</u> ♥ Herb Baked Fish w/ Juleanne Vegetables	<u>ENTRÉES</u> ♥ Crispy Baked Chicken	<u>ENTRÉES</u> ♥ Lean Roast Beef
💰 Beef Stew in a Bread Bowl	💰 Chicken & Pasta Casserole	💰 Beef Prime Rib w/ Ajus *	💰 Taco Bowl	💰 Smoked Turkey Legs	Meatball Stroganoff	Chicken Strips w/ Cream Gravy
🥬 Black Bean Stew in a Bread Bowl	🥬 Vegetarian Chik'n & Pasta Casserole	🥬 Vegetarian Roast w/ Vegetarian Gravy	🥬 Vegetarian Taco Bowl	🥬 Ratatouille	🥬 Vegetarian Meatball Stroganoff	🥬 Vegetarian Cassoulet
Beef or Cheese Enchiladas			Pepper Steak			
🥪 Club Sandwich Fresh Fruit & Cheese	🥪 Cold Cut Combo Sand. Grilled Chicken Salad	🥪 Turkey & Swiss Sand. Chef Salad Plate	🥪 Club Sandwich Fresh Fruit & Cheese	🥪 Cold Cut Combo Sand. Grilled Chicken Salad		
🍗 Fried Chicken Livers	🍗 Meatball Sandwich	🍗 Beef & Bean Burritos	🍗 Steak Fingers	🍗 Hot Wings		
<u>SIDE DISHES</u> New Potatoes Garden Rice Whole Green Beans Seasoned Baby Carrots Mexican Rice	<u>SIDE DISHES</u> Scalloped Potatoes Wild Rice Country Mix Vegetables Peas & Pearl Onions Brown Gravy	<u>SIDE DISHES</u> Baked Potato w/ Toppings Rice Pilaf Broccoli Spears w/ Cheese Sauce Yellow Squash	<u>SIDE DISHES</u> Steamed Rice Spanish Rice Refried Beans Chuckwagon Corn Seasoned Spinach	<u>SIDE DISHES</u> Au Gratin Potatoes Steamed Rice Zucchini Casserole Catalina Vegetables	<u>SIDE DISHES</u> Egg Noodles ♥ Macaroni & Cheese Asparagus Spears Broccoli Normandy	<u>SIDE DISHES</u> Mashed Potatoes Steamed Rice Seasoned Corn Cut Green Beans Brown Gravy
<u>BREADS</u> Fresh Baked Rolls Cornbread	<u>BREADS</u> Fresh Baked Rolls Corn Muffins	<u>BREADS</u> Fresh Baked Rolls Cornbread	<u>BREADS</u> Fresh Baked Rolls Corn Muffins	<u>BREADS</u> Fresh Baked Rolls Cornbread	<u>BREADS</u> Fresh Baked Rolls Corn Muffins	<u>BREADS</u> Fresh Baked Rolls Cornbread

\* Daily Deal Price for this meal is \$8.00 before discount.



- ♥ Heart Healthy
- 💰 Daily Deal\*
- 🥬 Vegetarian
- 🍗 Short Order
- 🥪 Grab 'n Go Specials

\* Daily Deal includes:  
Designated entrée  
2 Sides of Choice  
1 Bread of Choice